

Laser Hair Reduction-Lower Leg and Feet

Almost everyone has unwanted hair somewhere on their body. Unfortunately, traditional hair removal routines can be tedious, painful and expensive over time. Shaving may last a day, waxing a couple of weeks, but none of them last forever - and therein lies the true beauty of laser hair reduction.

How does it work?

To eliminate hair, the laser emits gentle pulses of energy that pass through the skin to the hair follicle. This energy is then absorbed into the hair follicle to destroy it so that it will not grow there again.

Am I a viable candidate for laser hair removal?

Laser hair removal can be applied to all types of skin, even tanned or dark skin. Each individual has between 500-1000 follicles per square cm, some of which are dormant and there is no way of knowing if and when they may start growing. The laser does not treat dormant hair follicles.

Does it hurt?

The laser treatment causes minimal discomfort. Patients often say it feels similar to the snap of a rubber band or like a pin prick. Slight redness or localized swelling can occasionally occur, but this usually subsides within the first 24 hours after treatment.

How many laser hair treatments are required?

Typically patients will see results within 4 - 6 treatments, though this number will vary based upon skin tone, hair color, amount of hair and several other factors. Your doctor or medical assistant will talk to you about variables that may affect your individual results.